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How long have you worked for the Bay Shore School District? What did you teach?

36 years Grade 6 Social Studies, ELA and Math

What are you looking forward to the most and/or what are your major plans for retirement?

"After I retire, my dream of teaching will not come to an end. I plan to continue my love of teaching by tutoring students. I also plan to help my mom take care of my dad who has dementia. They supported me and took care of me my whole life. It is now time for me to show my appreciation for all that they did for me by helping out and taking care of them. Lastly, my husband and I both enjoy traveling. We will embark on many journeys and continue to make many lasting memories together."

What advice would you give to a new teacher just hired in Bay Shore? "Try to absorb all that you can from the other teachers, especially all of the veteran ones in the building. ey have so much knowledge that they are willing to share. Take it all and never be afraid to seek out help from them. It is also important to get involved in as many



How long have you worked for the Bay Shore School District? What did you teach?

25 years

High School Grade 9 Concert Orchestra, Grade 10-12 Symphonic Orchestra, Chamber Orchestra, Advisor to Tri-M Music Honor Society; sixth Grade Orchestra, seventh and eighth Grade Orchestra, Chamber Orchestra and Advisor to Tri-M Music Honor Society along with the Summer Music Program for over 20 years.

What are you looking forward to the most and/or what are your major plans for retirement?

"I'm looking forward to relocating to Atlanta, Georgia, and continuing my passion of teaching music, and performing, and just enjoying my new journey."

What advice would you give to a new teacher just hired in Bay Shore?

"Enjoy every moment because it goes by quickly. Give your best to your students and never give up on them. Always be a team player."

* Excerpts reprinted with permission from the Bay Shore Classroom Teachers' Association President, Mr. Krieger. Previously published in the BSCTA Class of 2023 Retiree Spotlight.

Table of Contents:

*Front Page......1 - 411 on Retirees *Spotlight on.....2 - Chinese Field Trip -Rap Contest -Marauder Mart *Editorials3 -Spelling Bee Champ -Social Anxiety -Broadway Trips -Summer Jokes *Features4 -Spring Fling Pics -W.O.W -Bleach Review



Social Anxiety anks to Covid

Contributed b Laraib Qaismb, Aisha Shahid & Kelly Reyes



Many people have developed social anxiety during the Covid-19 pan-

demic. Being isolated from people for almost three years, can contribute to how people may feel being surrounded by others outside of their home. Although, some people did prioritize themselves on social media, there were others who couldn't and didn't communicate or maintain social bonds. These people have a hard time being in crowds full of people they don't know because it causes them anxiety.

Comparing and Contrasting Life During Covid

Many students have become used to the online life as a result of virtual classrooms. Others could not get used to it. The technology was either too hard to learn, or people lacked access. One anonymous student shared, "I hated online school because it limited conversation and social ability."

Bonds and Relationships

Several students are still having trouble adjusting. Friends have become distant, conf dence has been lost, and social anxiety is on the rise. Even after the mask mandate has been lifted, some students still wear masks for reasons that have nothing to with health safety. Some students have gotten so used to wearing their masks that it has basically become a part of them. The masks have become a barrier between themselves and others. There's nothing wrong with wearing a mask to protect yourself from Covid or other illnesses such as the fu or the common cold. However, there are students who fnd it uncomfortable to take off their masks because they feel insecure about their appearances or insecure talking to other people. Covid has affected us all greatly in terms of behavior and appearance. It's important to know that you're still going to be you and you should be comfortable in your own skin, with or without a mask.

Memorable Trips to Broadway

Contributed by Allyson Turcios

the Covid pandemic. This year students enrolled in BSMS music classes such as orchestra, band,

Features

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